

PROTECTIVE BEHAVIORS

These questions ask about activities that you may have done **in the past 3 months**.

| In the past 3 months , I: | <i>Put an X in the box that fits best</i> | | |
|---|---|--------------------------|--------------------------|
| | 0 times | 1 or 2 times | 3 or more |
| a. Volunteered in the community (for example, served meals at a soup kitchen or picked up litter for a community clean-up). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Got really active outdoors for fun (such as bicycling, walking, playing at a park, or hiking). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Went to a library, museum, concert, or play outside of school. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Played on or helped with a sports team. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Participated in a club or organization other than sports (for example drama, student government, Scouts, Boys & Girls Clubs, YWCA, or YMCA). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Got an award for good grades or good behavior (for example, honor roll or student of the month). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Read a book outside of school for fun. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |