

## YOS and COS Summary of Changes

This document summarizes the changes that were made to YOS and COS to produce the draft versions of these surveys released for review to the BBBS network on 23 March 2020.

### YOS Changes

- The following constructs (question sets) were removed from the YOS
  - Excused Absences
    - In the previous version of the YOS, this construct asked Littles the following single question:
      - How many times in the past month did you miss a day of school with the permission of your parent/guardian?
  - Goal Setting and Pursuit Skills
    - In the previous version of the YOS, this construct asked Littles to state how true the following statements are for them:
      - I set goals for myself.
      - I develop step-by-step plans to reach my goals.
      - If I set goals, I take action to reach them.
      - It is important to me that I reach my goals.
      - I'm good at figuring out how to reach my goals.
  - School Misbehavior
    - In the previous version of the YOS, this construct asked Littles to state how often in the past month they got in trouble or could have got in trouble for the following activities:
      - Really annoying my teacher during class.
      - Breaking the rules in school.
      - Not following my teacher's directions in class.
      - Disturbing the lesson in class.
  - Personal Conduct
    - In the previous version of the YOS, this construct asked Littles to state how often in the past month they got in trouble or could have got in trouble for the following activities:
      - Breaking other people's things on purpose.
      - Taking something from a person or a store without permission or paying for it first.

- Lying to my parents about something really important.
  - Protective Behaviors
    - In the previous version of the YOS, this construct asked Littles how many times in the past six months they did each of the following activities:
      - Volunteered in the community (for example, served meals at a soup kitchen or picked up litter for a community clean-up).
      - Got really active outdoors for fun (such as bicycling, walking, playing at a park, or hiking).
      - Went to a library, museum, concert, or play outside of school.
      - Played on or helped with a sports team.
      - Did something special for my family.
      - Participated in a club or organization other than sports (for example, drama, student government, Scouts, Boys & Girls Clubs, YWCA, or YMCA).
      - Read a book outside of school for fun.
      - Got an award for good grades or good behavior (for example, honor roll or student of the month).
      - Held a leadership position (for example, student representative, officer in a club, or captain of a team).
  - Interests and Sparks
    - In the previous version of the YOS, this construct asked Littles the following two questions:
      - Do you have a special interest or hobby in your life?
      - Who has helped you find or get better at this?
  - Life Satisfaction
    - In the previous version of the YOS, this construct asked Littles the following single question:
      - This last question asks you to think about how your life is going overall. On a scale from 1 to 10, where “1” is the worst possible life for you and “10” is the best possible life for you, where on the scale do you feel your life is at the moment? Circle the number that best describes your life.
- The third question in the *Very Important Adults* section of the YOS was removed. This question read as follows:
  - Is there another adult who you do not live with who is ALL of these things for you? Please describe who this person is.
- The previous version of the YOS asked Littles how often in the past six months they got in trouble or could have got in trouble for *carrying a gun or other weapon (such as a knife)*. This question has been replaced by one asking Littles

how often in the past six months they got in trouble or could have got in trouble for the following:

- Doing something else, not already mentioned above, that could be against the law (for example, stealing something from a store without paying for it, damaging public property on purpose, or breaking into a house or building without permission).
- The previous version of the YOS asked Littles how often in the past six months they got in trouble or could have got in trouble for *using marijuana (weed, bud, pot)*. This question has been removed from the survey. Marijuana use will now be included in the more general question about how often in the past six months Littles got in trouble or could have got in trouble for *getting high using any other drugs or substances*.
- The instructions for the YOS have been significantly shortened, reworded, and presented in a bulleted format.
- Several remaining YOS questions have been slightly reworded for clarity and shortness.
- A couple of the YOS sections have been placed in a different order so as to keep similar response sets together.

### COS Changes

- The following constructs (question sets) were removed from the COS
  - School Misbehavior
    - In the previous version of the COS, this construct asked Littles to state how often in the past month they got in trouble or could have got in trouble for the following activities:
      - Really annoying my teacher during class.
      - Breaking the rules in school.
      - Not following my teacher's directions in class.
      - Disturbing the lesson in class.
  - Personal Conduct
    - In the previous version of the COS, this construct asked Littles to state how often in the past month they got in trouble or could have got in trouble for the following activities:
      - Breaking other people's things on purpose.
      - Taking something from a person or a store without permission or paying for it first.
      - Lying to my parents about something really important.
  - Protective Behaviors

- In the previous version of the COS, this construct asked Littles how many times in the past six months they did each of the following activities:
  - Volunteered in the community (for example, served meals at a soup kitchen or picked up litter for a community clean-up).
  - Got really active outdoors for fun (such as bicycling, walking, playing at a park, or hiking).
  - Went to a library, museum, concert, or play outside of school.
  - Played on or helped with a sports team.
  - Did something special for my family.
  - Participated in a club or organization other than sports (for example, drama, student government, Scouts, Boys & Girls Clubs, YWCA, or YMCA).
  - Read a book outside of school for fun.
  - Got an award for good grades or good behavior (for example, honor roll or student of the month).
  - Held a leadership position (for example, student representative, officer in a club, or captain of a team).
- The third question in the *Very Important Adults* section of the COS was removed. This question read as follows:
  - Is there another adult who you do not live with who is ALL of these things for you? Please describe who this person is.
- The instructions for the COS have been significantly shortened, reworded, and presented in a bulleted format.