PROTECTIVE BEHAVIORS

These questions ask about activities that you may have done in the past 3 months.

	Put an X in the box that fits best		
In the past <u>3 months</u> , I:	0 times	1 or 2 times	3 or more
a. Volunteered in the community (for example, served meals at a soup kitchen or picked up litter for a community clean-up).			
 Got really active outdoors for fun (such as bicycling, walking, playing at a park, or hiking). 			
c. Went to a library, museum, concert, or play outside of school.			
d. Played on or helped with a sports team.			
e. Participated in a club or organization other than sports (for example drama, student government, Scouts, Boys & Girls Clubs, YWCA, or YMCA).			
f. Got an award for good grades or good behavior (for example, honor roll or student of the month).			
g. Read a book outside of school for fun.			
h. Held a leadership position (for example, student representative, officer in a club, or captain of a team).			
i. Did something special for my family.			

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